

Leaving school— *and then what?*

If you're asking – or have ever asked – that question, **Contact a Family** would like to hear from you.



We're looking for young people and families living with learning difficulties and/or disabilities to help us explore the issues around leaving school and what comes next. How can you plan for the future? What are the most important things to focus on? What do families need to know? We'd like **YOU** to tell **US**.

Starting in September, there will be a range of ways you can share your thoughts and experiences.

- We're running a series of **regional workshops on key topics**, at which you'll also be able to tell us what other information would be most useful to you.
- You'll be able to join in **online discussion groups and forums**.
- You can **ask to be contacted** by email or telephone to pass on your ideas.
- Wherever possible we'll offer **one-to-one conversations** if necessary, tailored to the best communication style for you.

As well as helping us support you more effectively, the information you give us will form the basis of a resource for families embarking on the same journey in the future.

If you'd like to take part or you want to be kept informed about the project, contact Tracey Francis at tracey.francis@cafamily.org.uk or call 07458 046071



The Scottish
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