

## ALL YOU NEED TO KNOW ABOUT BECOMING A PARENT REPRESENTATIVE!

#### Are you:

- New to your forum and thinking about getting more involved?
- Interested in becoming a Parent Rep and want to know about roles and responsibilities?
- Interested in representing parents' views at a strategic level?
- Already a Parent Rep and want to refresh your knowledge?
- Keen to develop your confidence in meetings?

### COME ALONG TO OUR NEW FREE PROGRAMME FOR PARENT REPRESENTATIVES!

Dates: Mondays 1st, 8th, 15th and 22nd March Time:10:00-12:00 (with optional chat/questions 12.00-12.30 for any attendees who wish to stay)

We are going virtual via Zoom. A link will be sent to you after your booking has been confirmed.

Contact For families with disabled children

Contact is a trading name of Contact a Family. Charity registered in England and Wales (284912) and Scotland (SC039169).

### THE COURSE WILL:

- increase your understanding of key principles and legislation around parent carer forums
- increase your understanding of how the SEND system works
- develop your confidence when participating in meetings
- help you gain a greater understanding of the roles and responsibilities of a parent rep
- offer a unique opportunity to network with other forum reps
- help you communicate more effectively with parents and gather their feedback.

It's helpful if you can attend all four sessions to get maximum benefit from the programme, but if you can only make one or two that's ok – we understand how difficult it is juggling all the demands that parents face.

# DOES THIS SOUND LIKE THE TYPE OF TRAINING YOU'VE BEEN WAITING FOR?

Places are limited so don't delay! Ask your forum Chair to authorise then email <u>parent.participation@contact.org.uk</u>. Ideally, please try to attend with another Parent Rep from your forum so you can work together in some activities and share the knowledge with your colleagues.

### Please let us know your:

# • Name; Parent Carer Forum and your role; Length of time at forum; Email; Telephone; Access requirements; What you want to get out of attending this training. Thank you!

**NOTE**: If you have any accessibility requirements please do get in touch as soon as you can, so we can make the necessary arrangements. Expenses to enable your attendance can be covered through your forum's usual expenses procedures and paid for from your forum's DFE grant.

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