



## **Preparing for Adulthood NNPCF Conference 16.11.23**



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the National Development Team for Inclusion (NDTi)

# National Development Team for Inclusion (NDTi)



[NDTi website](#)

We are a not-for-profit organisation working to enable people at risk of exclusion, due to age or disability, to live the life they choose.

**All our work aims to drive inclusion** by:

- enabling people's voices to be heard
- coproduce programmes & resources which celebrate what's possible
- supporting changemakers & building self-determination

**Some of our programmes**

- Preparation for Adulthood
- Time to Talk Next Steps
- Internships Work – doubling supported internships in England (DfE)
- Community Led Support



# The plan for this session

This session is being recorded  
Please use the chat for questions or comments

Slides with links will be sent out after the session

[NDTi website](#)

## 1. The Preparation for Adulthood pathways

Rights and key legislation relating to transition, education and employment pathways for young people with SEND

## 2. Useful programmes and resources to support good transitions

- Time to Talk Next Steps
- Ruths top tips
- PfA Minimum standards
- Person centre planning tools and What Matters Island

## 3. Supported Internships and the National Internships Works programme



# Preparation for Adulthood from the earliest years

Rights and key legislation relating to transition, education and employment pathways for young people with SEND



# Good preparation for adulthood starts with aspirations



<https://youtu.be/howckmS4aLM>

# Good preparation for adulthood starts with aspirations

**The SEND Code of Practice says that:**

‘Being supported towards greater independence and employability can be life transforming for children and young people with SEND. This support needs to start early and should centre on the child or young person’s own aspirations, interests and needs. All professionals working with them should share high aspirations and have a good understanding of what support is effective in enabling children and young people to achieve their ambitions”. (7.37)

Preparing for  
**Adulthood**



# Preparation for adulthood – the evidence of what works

Preparing for Adulthood needs to be based on the evidence of what works to support children and young people to have good lives and to move into adulthood with jobs, independence, friends and good health

This must begin in the early years as this is when the foundations are laid for the rest of life

The SEND Code of Practice 2015 Chapter 8 “Preparing for Adulthood from the Earliest Years” provides a clear description of agencies’ responsibilities

# The Preparation for Adulthood pathways

## The SEND Code of Practice says that:

- There **must** be a focus on Preparing for Adulthood
- The discussions **must** centre on the young person
- The young person's aspirations and what they want to achieve **must** be explored
- The revised EHC plan **must** include outcomes that are ambitious, stretching and will prepare the young person for adulthood
- Outcomes should be ambitious and show how they will enable young people to make progress towards their aspirations
- Young people should have the support they need to fully participate in this planning and decision making



## Other legal requirements

**1.6** Children **have a right to receive** and impart information, to express an opinion and to have that opinion taken into account in any matters affecting them from the early years. Their views should be given due weight according to their age, maturity and capability (Articles 12 and 13 of the United Nations Convention on the Rights of the Child).

**8.1** Local authorities **must** place children, young people and families at the centre of their planning, and work with them to develop co-ordinated approaches to securing better outcomes, as should clinical commissioning groups (CCGs). They should develop a shared vision and strategy which focuses on aspirations and outcomes, using information from EHC plans and other planning to anticipate the needs of children and young people with SEN and ensure there are pathways into employment, independent living, participation in society and good health.

## Other legal requirements

8.7 Local authorities **must** ensure that the relevant services they provide, cooperate in helping children and young people to prepare for adulthood. This may include, for example, housing services, adult social care and economic regeneration.

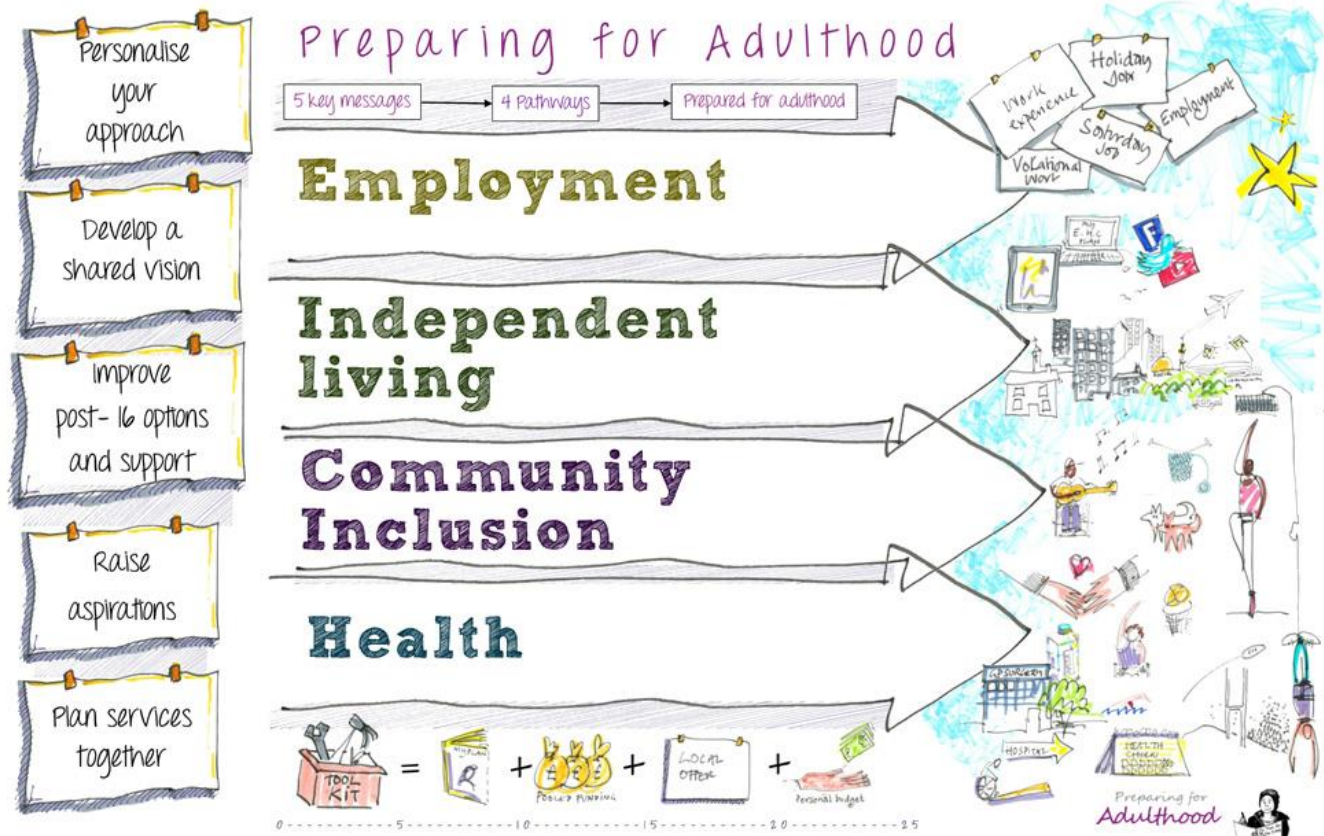
8.9 Local authorities **must** ensure that the EHC plan review at Year 9, and every review thereafter, includes a focus on preparing for adulthood. Transition planning must be built into the revised EHC plan and should result in clear outcomes being agreed that are ambitious and stretching and which will prepare young people for adulthood

# The Implementation Jigsaw



# The Preparing for Adulthood Pathways

The Preparing for Adulthood Pathways help us to consider ALL aspects that are important for an ordinary life (they were coproduced by 400 families and used to inform development of Chapter 8 in the SEND Code of Practice)



## 2. Useful programmes and resources to support good transitions

- Time to Talk Next Steps
- Ruths top tips
- Person centre planning tools and What Matters Island
- PfA Minimum standards





# Time to Talk Next Steps

(NDTi partnership with  
Contact)

## Strength based personalized support to enable Young people to

- Build their emotional wellbeing and resilience
- Feel heard and valued
- Develop their identity and independence
- Focus on their aspirations, motivation, and plans
- Feel more equipped to manage transitions and changes ahead

**Parents and carers** received support, information and advice through our partners **Contact** (website, helpline and listening ear service)

# Time to Talk Next Steps



Depending on what each young person wants and needs, there are various ways that they can engage with us.

Some go on to get more involved in the work of the project.

**One-to-One Sessions** with a supporter to discuss your ideas, challenges, goals and if you want help to explore ideas for the future

**Being connected** with useful contacts & networks in your area

New ideas  
From YP

**Designing and delivering national training** for practitioners working with young people

**Peer Support** linking up with other young people – chill and chat, topics, mood board, sharing news, speakers

# Support for Parents & Carers

**Preparing for Adulthood Workshops** to explore how to support young people into adulthood



**Listening Ear Appointments** with a family support adviser



**Contact Helpline** for advice, information and support



With our partners [Contact](#) we aim to provide parents and carers with

- Support and information - connecting with each other through workshops delivered by NDTi and Contact
- Links with activities, services and opportunities in their area

**Request support through NDTi's website:**  
[ndti.org.uk/projects/time-to-talk-next-steps](https://ndti.org.uk/projects/time-to-talk-next-steps)





Ruth's Top Tips  
for brilliant meetings with  
young people

Top Tips  
Solid!





# About Me

- They/them
- One of the first young people to join TTNS
- I have a level 3 in animal management
- Setting up my own charity
- Always have a lot to say

# My First Jobs

## Theme Park

- Overwhelming
- Loud
- Peak season
- Always late
- Exhausted

## Talks

- Flexible
- Fun
- Developing time management



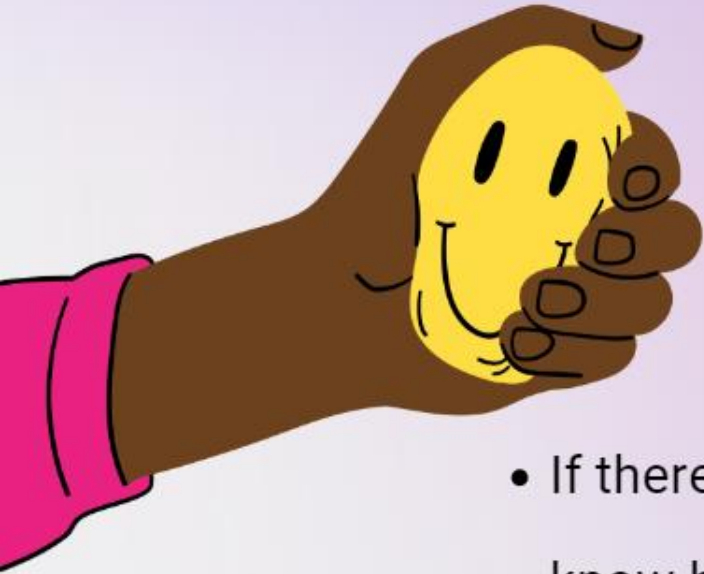
# Before The Meeting

- Involve me in planning a meeting or booking an interview
- Find out if I need an advocate, so I can communicate fully
- Set out expectations of the meeting: Where? When? Who? How will I get there?
- Discuss topics beforehand
- Leave space for people to process information
- Reassure me and show you care



# During The Meeting

- Have a drink and snack at the meeting that the I like
- I would like to see any paperwork before the meeting



- If you are unable to do something, please explain this and don't just gloss over it

- If there are people in the meeting I don't know heads up would be helpful

- Be mindful of the need for sensory stims



- Actively listen

# After The Meeting

- Explain what will happen next
- Please reassure me that it was ok to share my views
- Explain what has been decided
- Explain what will be followed up later
- Book a time with me after the meeting to look at the notes and decisions before they are sent to other people





**Thank You**

# The Preparing for Adulthood Some of the “MUSTS”

Children and young people with SEND and their families feel that their views and opinions are included and valued.

Parents/carers and children and young people with SEND have been involved in development/design of the PfA section of the Local Offer

Local authorities **must** place children, young people and families at the centre of their planning, and work with them to develop co-ordinated approaches to securing better outcomes, as should clinical commissioning groups (CCGs).

Local authorities **must** ensure that the EHC plan review at Year 9 and every review thereafter, includes a focus on preparing for adulthood. It can be helpful for EHC reviews before Year 9 to have this focus too.

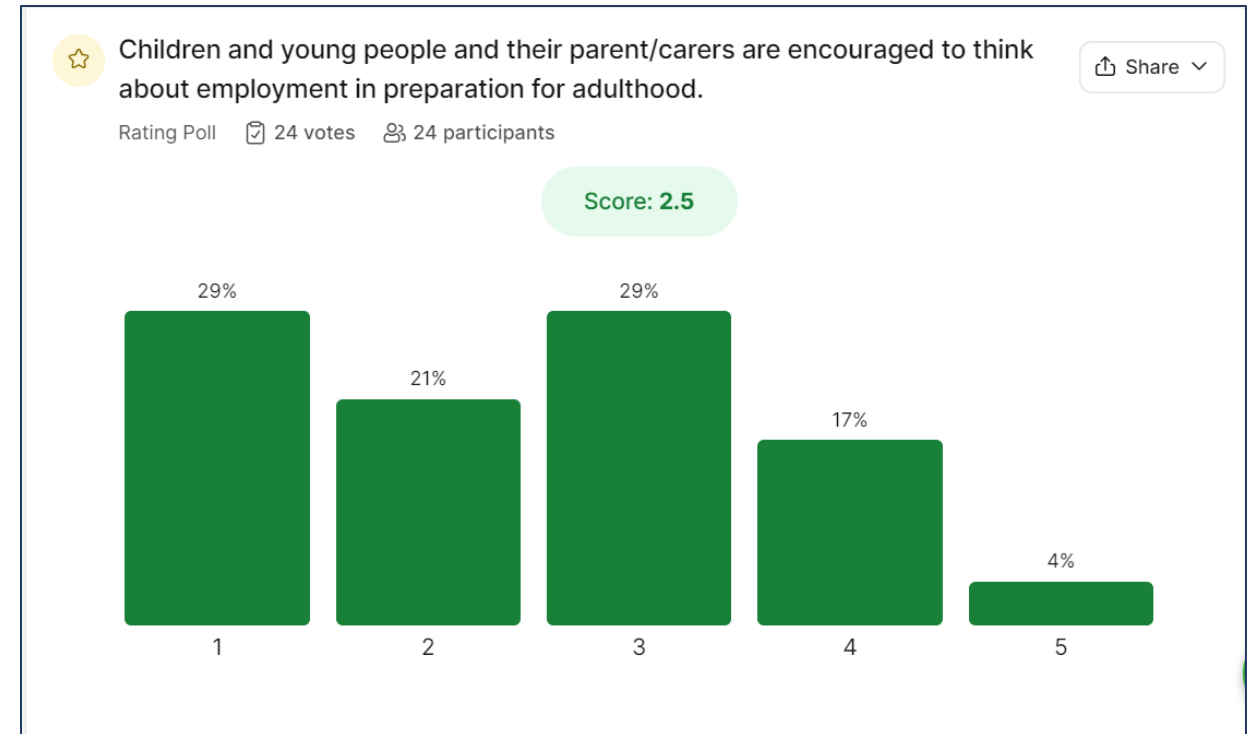
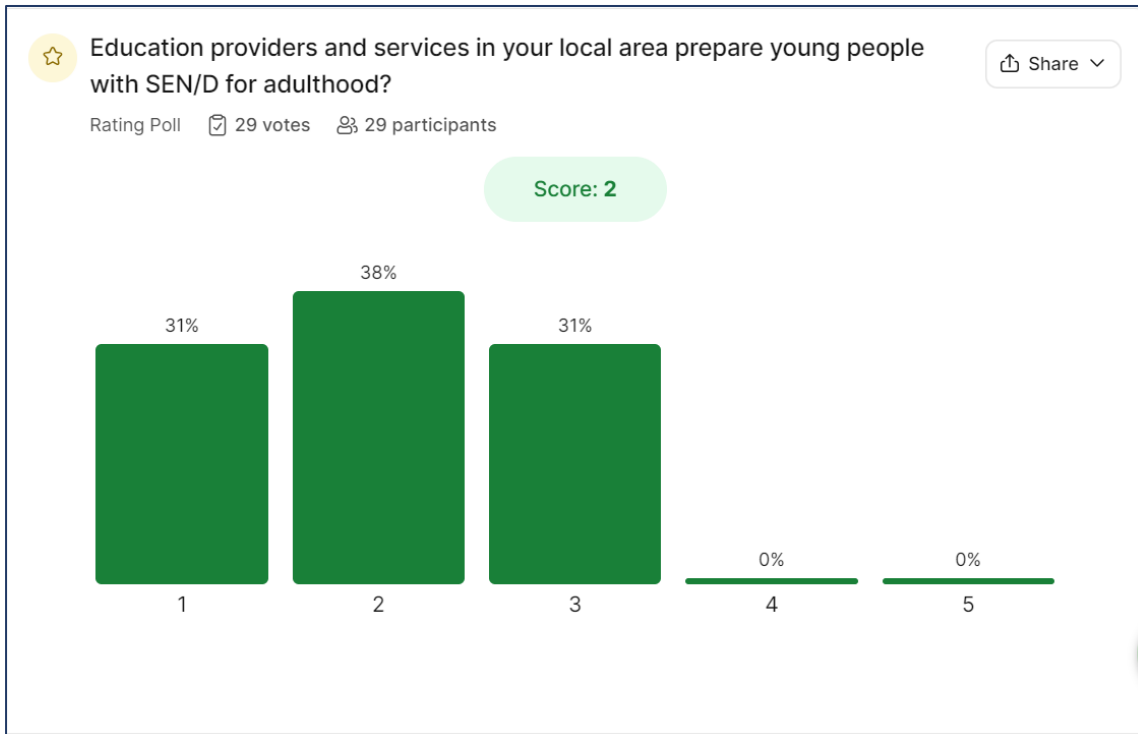
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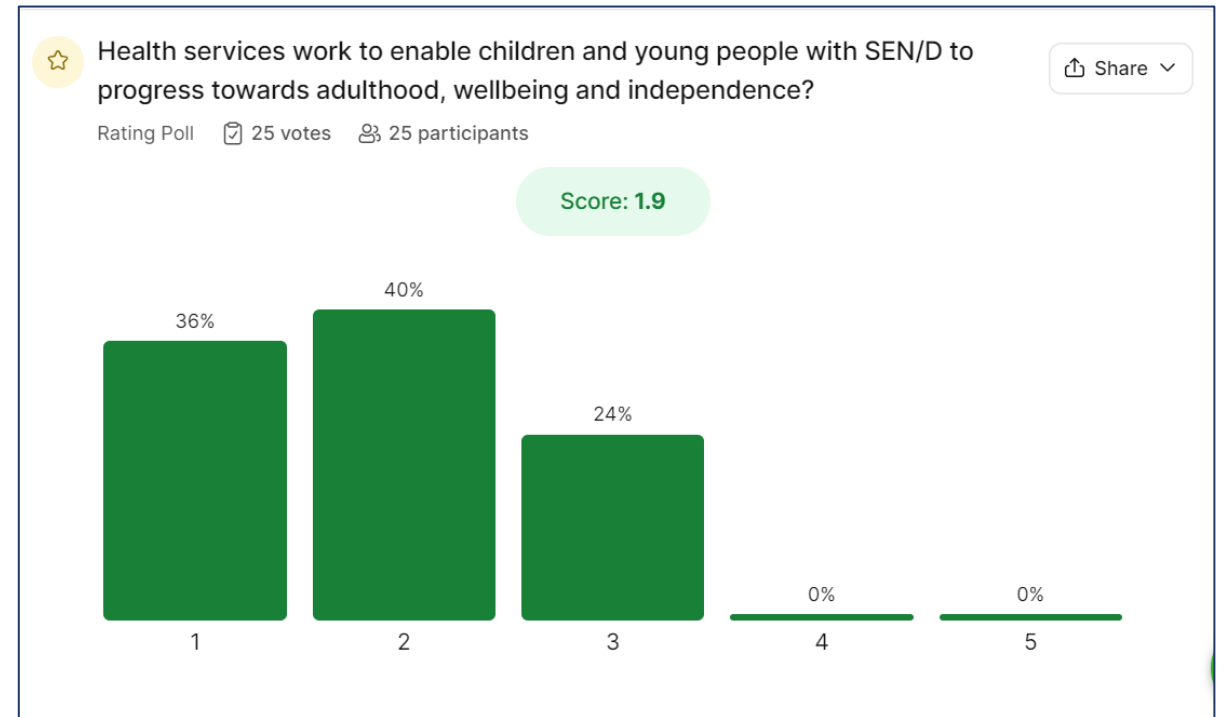
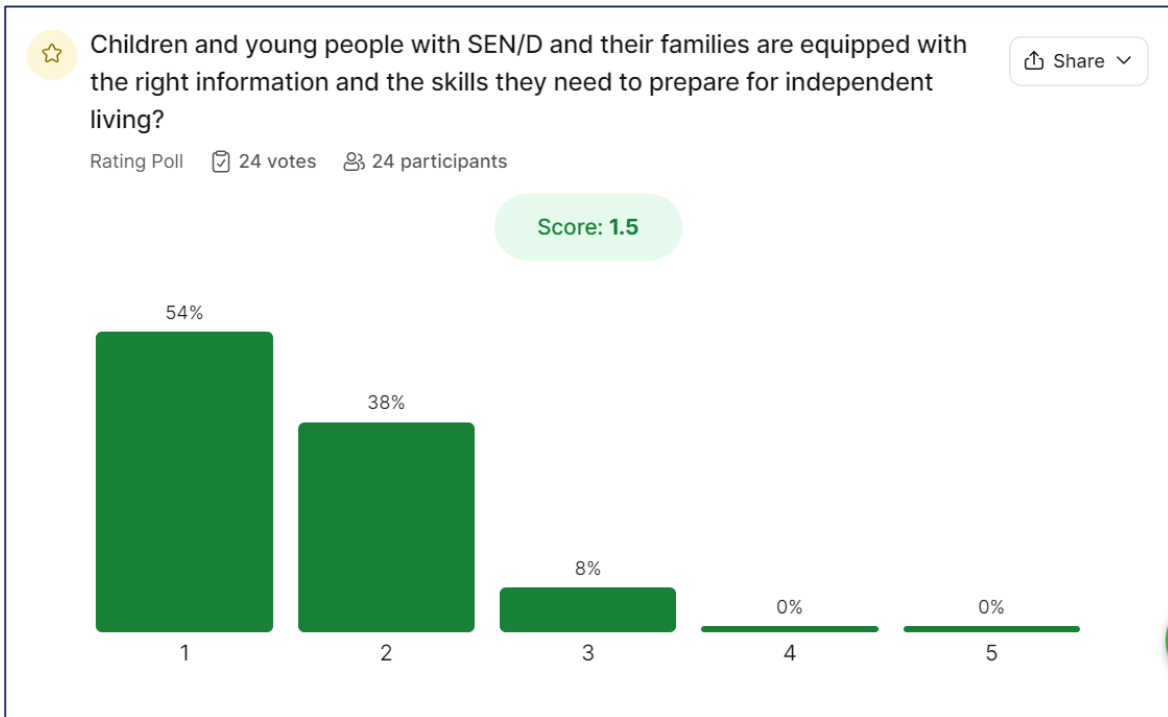
# Slido poll to check views of people at the NNPCF workshop on 16.11.23 - questions from PfA minimum standards

1 is low and 5 is high



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1 is low and 5 is high



# Aspirations are built on strengths

## The best plans come from good conversations about.....

- What do people like and admire about you?
- Who are the important people in your life?
- What is important to you – now and in the future?
- What is important for you – now and in the future?
- What is working for you now?
- What is not working so well?
- What actions need to happen to achieve your dreams and aspirations?
- Who will do what to make sure those things happen?



## Preparing for Adulthood: All Tools & Resources

**Preparing for Adulthood: Person-centred Planning Tools**

In 2020, NDTi refreshed a suite of person-centred planning materials as part of our delivery of the national Preparing for Adulthood programme.



**Preparing for Adulthood: Employment Resources**

Employment resources created as part of the delivery of the Preparing for Adulthood programme and other NDTi projects.



**Preparing for Adulthood: Independent Living**

Independent living and housing resources created as part of the delivery of the Preparing for Adulthood programme and other NDTi projects.



**Preparing for Adulthood: Friends, Relationships & Community**

Resources around friends, relationships and community created as part of the delivery of the Preparing for Adulthood programme and other NDTi projects.



**Preparing for Adulthood: EHC Planning**

Education, health and care planning resources created as part of the delivery of the Preparing for Adulthood programme and other NDTi projects.



**Preparing for Adulthood: Local Offer**

Local offer and self-evaluation tools and resources created as part of the delivery of the Preparing for Adulthood programme and other NDTi projects.

[Read more](#)



**Preparing for Adulthood: Event Resources**

Event resources created as part of the delivery of the Preparing for Adulthood programme and other NDTi projects.



**Preparing for Adulthood: Case Studies & Stories**

Case studies and stories shared as part of the delivery of the Preparing for Adulthood programme and other NDTi projects.



**Paratoi Bod Yn Oedolyn: Adnoddau Cymraeg**

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[Paratoi Bod Yn Oedolyn: Adnoddau Cymraeg](#)



# Preparing for Adulthood: All Tools & Resources - NDTi

NAME \_\_\_\_\_  
DATE \_\_\_\_\_

WHAT PEOPLE LIKE ABOUT ME

IF I COULD... I WOULD...



WHAT MATTERS ISLAND

PEOPLE



WHAT I WANT IN THE FUTURE

WHAT I'M GOOD AT

WHAT NEEDS TO HAPPEN

THINGS TO DO

THINGS TO HAVE

Watch NDTi Associate Jon Ralphs talk about how to use this tool  
<https://youtu.be/LYdPRWNLdOQ>

NAME

DATE

WHAT PEOPLE LIKE ABOUT ME

A

IF I COULD... I WOULD...

A



WHAT I WANT IN THE FUTURE

E

WHAT MATTERS ISLAND

PEOPLE

WHAT I'M GOOD AT

A

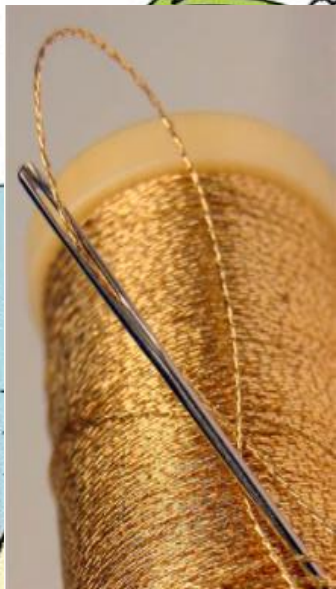
WHAT NEEDS TO HAPPEN

F

A

THINGS TO DO

THINGS TO HAVE



# TOOL

## Preparation for Adulthood Minimum Standards

### PfA Minimum Standards - NDTi

A practical tool coproduced by PCF representatives in Yorkshire and Humberside (March 2022 in response improvements needed in

### **Preparation for adulthood**

families in different local areas counter significant inconsistency of information, support and provision.

And

### **Coproduction**

local areas need to continually focus on coproduction with parents and carers and families of children and young people with SEND in all their work



# TOOL

## PfA Minimum Standards - NDTi

### How to use this tool

To be used by parent and carer representatives in partnership with representatives across education, health and social care to

- support productive conversations
- self-assess preparing for adulthood in their local area
- Inform development of action plans in their local area
- demonstrate progress



Preparing for  
*Adulthood*





# 3. Supported Internships and the national Internships Work programme





# Internships **WORK**

**Doubling supported internship  
provision in England.**



# What is a Supported Internship?

Supported interns are in full time education supported by a learning provider, for example, a school or college, but spend most of their learning time - typically around 70% - in a workplace as part of their course

A supported internship is one of a few employment pathways for young people with additional needs:

- Traineeships
- Inclusive apprenticeships

Structured, work-based study programme for 16 to 24-year-olds with SEND, who have an education, health and care (EHC) plan.

The primary goal for the young person is paid employment

The core aim of a supported internship study programme is a substantial work placement, facilitated by the support of an expert job coach.

# Every LA is required to establish a SEND Employment Forum

- To develop a **strategic approach** and action plan aimed at improving employment outcomes for young people with SEND
- To **bring together all the local partners** who can develop and deliver pathways to sustainable employment and promote collaborative working
- To **create routes** that will support more young people with SEND **into paid employment**
- To **identify, develop and promote training and resources** that schools, colleges and employers can access to make meaningful paid work a realistic outcome for all children and young people with SEND
- To develop and monitor a local area **SEND employment Action**

# Who needs to be involved?

- Parents and carers
- Young people
- Education support services
- Health services
- Social care (children and adult) services
- Employment services
- Schools - mainstream and special school representation
- Colleges, training providers and other supported internship providers
- Local voluntary and community sector organisations
- Local employer forums
- Employers
- Elected members/champions for this agenda



*Thank you*

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