

Back to School



Helpful tips and resources for children returning to school across Wales

- Sensory school wear and aids for children and young people: [Fledglings shop](#).
- Regardless of household income primary school free school meals are available to all pupils across Wales. [Universal Primary Free School Meals](#).
- [Apply for free school meals](#). Some families on lower incomes or on certain benefits, are entitled to a free school meal for all age pupils.
- Human rights lawyers and Contact have written a [free school meals reasonable adjustments guide](#) on how you can access alternative arrangements. Depending on your situation, schools have a duty to provide a reasonable adjustment.
- If your child is missing out on free school meals we have [free letter templates](#) for you to use.
- Apply for school clothing grant – Check if you're eligible for other school essentials such as [school uniform grants](#) from your local council.